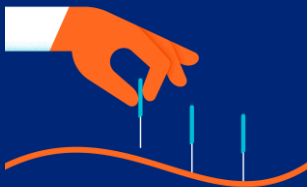


Chiropractic, Acupuncture & Naturopathy



UnitedHealthcare Medicare Advantage plans with routine chiropractic and acupuncture benefits offer **services in addition** to Medicare-covered services to **better meet the needs of members**. Naturopathy is supplemental only and in select plans.

Multiple visits
Low copays

Why UnitedHealthcare?

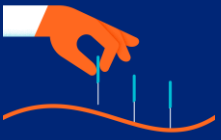
- Low in-network copay amounts of \$0 or \$10 per visit depending on the member’s plan.
- Multiple visits depending on the member’s plan – 6, 12, 18 or 20 chiropractic appointments, 6, 12 or 20 acupuncture appointments and unlimited naturopathy visits.

How does it work?

- Routine benefits are available for some Medicare Advantage plans. Routine benefits may be offered in addition to Medicare-covered benefits to better meet the needs of members.

	Medicare-covered benefit	Routine benefit
Chiropractic	Limited to manipulation to correct subluxation	Adds coverage for pain, musculoskeletal disorders, nerve disorders and nausea
Acupuncture	Limited to chronic low back pain	Adds coverage for pain, neuromuscular disorder and nausea
Naturopathy	Not offered	Naturopathic medicine attempts to balance traditional medicine with scientific advances to support a holistic approach to wellness and disease treatment





How does it work? Continued...

- Members can find a provider and schedule an appointment on **myuhc.com**.
- Members seeking routine treatment are not required to have a referral or prior authorization.
- Members who have questions can call:
 - The Customer Service phone number on their UnitedHealthcare UCard®.
 - Optum at 1-800-873-4575, Monday - Friday 8:00 a.m. – 8:00 p.m. EST.
 - For plans in California: 1-866-785-1654, Monday - Friday 11:00 a.m. – 8:00 p.m. EST.
- Routine services are provided by OptumHealth Physical Health (OPH).
- For routine claims, providers must submit directly to OPH:
 - Mail: OptumHealth Physical Health, P.O. Box 212, Minneapolis, MN 55440-0212.
 - Online: **myoptumhealthphysicalhealth.com** - provider Payer ID 41161.

How can you support your members?

- Help members know what to expect for 2025 and how to get the most out of their benefits.
- Assist members in finding a provider and scheduling an appointment at **myuhc.com**.
- You may also locate a provider on Jarvis > Quick Access > Directories/Networks > Chiropractor & Acupuncture Providers or Naturopathy.

